# WOB NUTRITION



# PRODUCT 2015 CATALOS



WOB NUTRITION

# FITNEZZ COVE

"Stay fit and healthy" is our motto!

Fitness-oriented people do not only exercise on a regular basis, they also pay more attention to a controlled and strict diet, supported by so-called dietary supplements.

And there we are the perfect partner! We carry a large assortment of nutritional supplements, sports equipment and apparel. Plus, we provide you with the best support and advice.

Experience our product line WOB-NUTRITION, carefully prepared in a strictly monitored process and awarded a quality seal. Our products are laboratory tested for purity, safety and quality. 100% guarantee on the weight of the ingredients. "Made in Germany" – perfectly designed for high performance.

Be it martial arts, cycling, ball or water sports, in the professional or the hobby segment or just for a health conscious diet – we have the right product for everyone!

With this catalogue, we want to give you a little insight into our large assortment. For additional products and special offers please visit our website: www.wobnutrition.com

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#### MADE IN SERMANY

Our products are laboratory tested for purity, safety and quality. All Products are aspartame free with a 100% guarantee on the quality of the ingredients and awarded a quality seal.

GERMANY

a quality seal.

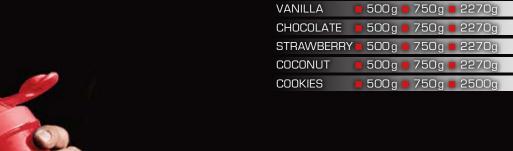
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#### FLAVORZ/PACKAGE SIZE

NEUTRAL	<b>500g</b>	750g <b>2</b> 270g	
VANILLA	<b>500</b> g	750g <b>2</b> 270g	
CHOCOLATE	<b>500</b> g	750g <b>2</b> 270g	
STRAWBERRY	<b>500</b> g	750g <b>2</b> 270g	
COCONUT	<b>500</b> g	750g <b>2</b> 270g	
COOKIES	500 g	750g <b>2</b> 500g	Ī



# ANALYSIS OF WHEY PROTEIN per 100 g % RDA\* per serving\*\* % RDA\* PREMIUM — neutral

physiological value Calorific value	1784 kJ [422 kcal]		535 kJ [127 kcal]	
Protein	81,2 g		24,4 g	
Carbohydrates	6,2 g		1,9 g	
of which sugars	5,9 g		1,8 g	
Lactose	3,5 g		1,1 g	
Fat	7,6 g		2,4 g	
of which saturated fatty acids	4,6 g		1,4 g	
Dietary fiber	< 0,1 g		< 0,1 g	
Sodium	0,375 g		0,113 g	
Vitamin C	240 mg	300	72,0 mg	90
Niacine	48 mg	300	14,4 mg	90
Vitamin E	36 mg	300	10,8 mg	90
Pantothenic Acid	18 mg	300	5,4 mg	90
Vitamin B6	4,2 mg	300	1,3 mg	90
Vitamin B2	4,2 mg	300	1,3 mg	90
Vitamin B1	3,3 mg	300	1,0 mg	90
Folic Acid	600 µg	300	180 µg	90
Biotin	150 µg	300	45,0 µg	90
Vitamin B12	7,5 µg	300	2,25 µg	90

Amino acid	per 100 g of protein	Amino acid	per 100 g of protein
L-alanine	4,82 g	L-lysine <sup>2</sup>	9,14 g
L-arginine <sup>1</sup>	2,48 g	L-methionine <sup>2</sup>	1,79 g
L-aspartic aci	d 10,79 g	L-phenylalanine	e <sup>2</sup> 3,38 g
L-cysteine <sup>1</sup>	1,78 g	L-proline	7,25 g
L-glutamic aci	d 18,67 g	L-serine	4,53 g
L-glycine	1,77 g	L-threonine <sup>2</sup>	6,43 g
L-histidine <sup>1</sup>	1,86 g	L-tryptophan <sup>2</sup>	1,93 g
L-isoleucine <sup>2</sup>	6,35 g	L-tyrosine <sup>1</sup>	2,89 g
L-leucine <sup>2</sup>	10,48 g	L-valine <sup>2</sup>	5,47 g

RDA = percentage of the recommended daily dose (according to directive 2008/100 / EC)

# WHEY PROTEIN

# PREMIUM

Protein concentrate with vitamins for preparing a protein-rich cold drink.

The high concentration of amino acids and vitamins enables the muscle to regenerate in no time and to stimulate the metabolism. Perfect supply of nutrients after exercise and an ideal meal replacement.

Ingredients: Whey protein contentrate (99,4%), L-ascorbic acid, nicotinamide, dl-alpha tocopheryl acetate, calcium D-pantothenate, riboflavin, pyridoxine hydrochloride, thiamin mononitrate, pteroylmonoglutamic acid, D-Biotin, Cyanocobalamin.

<sup>\*\* 30</sup> g + 300 ml water 1 semi-essential amino acid 2 essential amino acids



L-leucine<sup>2</sup>

tested for purity, safety and quality. All Products are aspartame free with a 100% guarantee on the quality of the ingredients and awarded a quality seal.

Amino acid	per 100 g of protein	Amino acid per 1	00 g of protein
L-alanine	5,00 g	L-lysine <sup>2</sup>	9,60 g
L-arginine <sup>1</sup>	2,10 g	L-methionine <sup>2</sup>	2,20 g
L-aspartic acid	d 11,00 g	L-phenylalanine <sup>2</sup>	3,00 g
L-cysteine <sup>1</sup>	2,20 g	L-proline	5,50 g
L-glutamic acid	d 18,10 g	L-serine	4,60 g
L-glycine	1,40 g	L-threonine <sup>2</sup>	6,70 g
L-histidine <sup>1</sup>	1,70 g	L-tryptophan <sup>2</sup>	1,40 g
I to also also al	0.40	1 summings	0.00

L-valine2

\* RDA = percentage of the recommended daily dose (according to directive 2008/100 / EC) \*\* 20 g + 200 ml water, 1 semi-essential amino acid, 2 essential amino acid

10.60 a

# XOTIC CFM WHEY

Cross-flow micro-filtered whey-protein isolate to prepare a protein-rich cold drink.

XOTIC CFM Whey is produced without adverse influences such as heat - that way it is available in its original form. The result: 100% bioactive whey-protein isolate with a biological value of 104! This guarantees an extremely fast nutrient uptake in the muscles. Excellent supply of nutrients after training with an exotic fruity taste.

FLAVOR5/ PACKAGE SIZE EXOTIC 908q

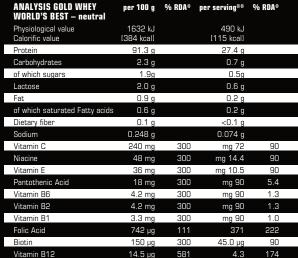
Ingredients: Whey protein isolate CFM (93.0%) (contains soy lecithin), flavoring, acidifier (lactic acid), papaya powder (maltodextrin, papaya powder, spray-dried papaya puree) (0.5%), orange powder (maltodextrin, spray-dried orange juice concentrate, acidity regulator citric acid) (0.5%), sweetening agents (sodium cyclamate, acesulfame K, saccharin), emulsifier (soy lecithin), coloring (beta-carotene, beetroot (betanin).

#### FLAVOR5/ PACKAGE SIZE

**NEUTRAL** 750g

750g **2**000g VANILLA

# CHOCOLATE **■** 750g **■** 2000g STRAWBERRY ■ 750g ■ 2000g



Amino acid per 100 g of protein Amino acid per 100 g of protein L-alanine 5.00 a L-lysine<sup>2</sup> 9.60 a L-methionine<sup>2</sup> L-arginine1 2,10 g 2,20 g L-aspartic acid 11.00 a L-phenylalanine<sup>2</sup> 3.00 a L-cysteine1 2,20 g 5,50 g L-proline L-glutamic acid 18,10 g L-serine 4.60 a L-glycine 1,40 g L-threonine<sup>2</sup> 6,70 g L-histidine<sup>1</sup> 1.70 a L-tryptophan2 1.40 a L-isoleucine<sup>2</sup> 6,40 g L-tyrosine1 2,60 g L-leucine<sup>2</sup> 10.60 a L-valine<sup>2</sup>

\* RDA = percentage of the recommended daily dose (according to directive 2008/100 / EC)



# WORLD'S BEST

GOLD WHEY

High quality whey-protein isolate with vitamins for the preparation of a protein-rich cold drink. World's Best Whey Gold is one of the highest quality protein products on the German market. Convince yourself of its exceptional values. Gold Whey provides an excellent nutrients supply after exercise and is an ideal meal replacement.

Ingredients: whey protein isolate (99.3%), emulsifier (soy lecithin), L-ascorbic acid, aroma, nicotinamide, dl-alpha tocopheryl acetate, calcium D-pantothenate, riboflavin, pyridoxine hydrochloride, thiamin mononitrate, pteroylmonoglutamic acid, D-biotin, Cyanocobalamin.





Our products are laboratory tested for purity, safety and quality. All Products are guarantee on the quality of

aspartame free with a 100% the ingredients and awarded

a quality seal.

<sup>\*\* 20</sup> g + 200 ml water, 1 semi-essential amino acid, 2 essential amino acid

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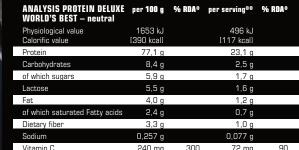
a quality seal.

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#### FLAVOR5/ **PACKAGE SIZE**

	NEUTRAL		1000g <b>4</b> 000g
	VANILLA		1000g <b>4</b> 000g
	CHOCOLATE		1000g <b>4</b> 000g
	STRAWBERRY		1000g <b>4</b> 000g
	BANANA		1000g <b>4</b> 000g
	COOKIES CREAM		1000g <b>=</b> 4000g
	WILDBERRY	•	1000g <b>4</b> 000g
,	BLUEBERRY		1000g <b>4</b> 000g
	HAZELNUT		1000g <b>4</b> 000g
	COCONUT		1000g <b>=</b> 4000g
	PISTACHIO		1000g <b>4</b> 000g
	LEMON		1000g <b>4</b> 000g
	CHERRY-BANANA		1000g <b>4</b> 000g



Carbohydrates	8,4 g		2,5 g		
of which sugars	5,9 g		1,7 g		
Lactose	5,5 g		1,6 g		
Fat	4,0 g		1,2 g		
of which saturated Fatty acids	2,4 g		0,7 g		
Dietary fiber	3,3 g		1,0 g		
Sodium	0,257 g		0,077 g		
Vitamin C	240 mg	300	72 mg	90	
Niacine	48 mg	300	14,4 mg	90	
Vitamin E	36 mg	300	10,8 mg	90	
Pantothenic Acid	18 mg	300	5,41 mg	90	
Vitamin B6	4,2 mg	300	1,3 mg	90	
Vitamin B2	14,2 mg	300	4,2 mg	90	
Vitamin B1	3,3 mg	300	1,0 mg	90	
Folic Acid	600 µg	300	180 µg	90	
Biotin	150 μg	300	45,0 μg	90	
Vitamin B12	15,2 μg	608	4,5 µg	180	

Amino acid	per 100 g of protein	Amino acid	per 100 g of protein
L-alanine	4,13 g	L-lysine <sup>2</sup>	8,58 g
L-arginine <sup>1</sup>	2,87 g	L-methionine <sup>2</sup>	2,32 g
L-aspartic aci	d 9,12 g	L-phenylalanin	e² 3,92 g
L-cysteine <sup>1</sup>	1,34 g	L-proline	7,98 g
L-glutamic ac	id 18,59 g	L-serine	4,85 g
L-glycine	1,76 g	L-threonine <sup>2</sup>	5,54 g
L-histidine <sup>1</sup>	2,13 g	L-tryptophan <sup>2</sup>	1,66 g
L-isoleucine <sup>2</sup>	5,77 g	L-tyrosine <sup>1</sup>	3,70 g
L-leucine <sup>2</sup>	9,97 g	L-valine <sup>2</sup>	5,76 g

\* RDA = percentage of the recommended daily dose (according to directive 2008/100 / EC)

# PROTEIN

# DELUXE

Multi-component protein with vitamins to prepare a protein-rich cold drink.

Protein Deluxe is available in 13 different, delicious flavors. It consists of high quality milk protein and whey protein. It combines short-chain and long-chain protein and can thus be taken after training or as a meal replacement. The mixing ratio of the components results in a high bio-availability.

Ingredients: Milk protein concentrate (45.4%), whey protein concentrate (45.0%) (contains soy lecithin), thickener (guar gum, xanthan gum), flavoring, white egg powder (1.0%), sweeteners (sodium cyclamate, acesulfame K, saccharin), L-ascorbic acid, nicotinamide, vanilla bean powder (0.07%), DL-alpha tocopheryl acetate, calcium D-pantothenate, riboflavin, pyridoxine hydrochloride, thiamin mononitrate, coloring (beta carotene, riboflavin), Pteroylmonoglutaminsäure, D-biotin, cyanocobalamin.



# \*\* 20 g + 200 ml water, 1 semi-essential amino acid, 2 essential amino acid

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#### FLAVORS/ PACKAGE SIZE

BLUEBERRY 550g
VANILLA 750g

CHOCOLATE 750g

NEUTRAL 1000g

# ANALYSIS per 100 g per serving\* NIGHT&DAY PROTEIN – Vanilla 1630 kJ 488 kJ Physiological value [389 kcal] [116 kcal] Protein 90,9 g 27,3 g Carbohydrates 1,3 g 0,4 g

of which sugars 0,2 g 0,06 g 0,2 g 0,06 g Lactose 0,3 g 1,1 g of which saturated Fatty acids 0,8 g 0,2 g Dietary fiber < 0,1 g < 0.1 a 0,407 g 0,122 g

Amino acid	per 100 g of protein	Amino acid	per 100 g of protein
L-alanine	2,80 g	L-lysine <sup>2</sup>	7,40 g
L-arginine <sup>1</sup>	3,30 g	L-methionine <sup>2</sup>	2,80 g
L-aspartic aci	d 6,70 g	L-phenylalanine	e <sup>2</sup> 4,80 g
L-cysteine <sup>1</sup>	0,40 g	L-proline	10,00 g
L-glutamic ac	id 20,50 g	L-serine	5,70 g
L-glycine	1,80 g	L-threonine <sup>2</sup>	4,00 g
L-histidine <sup>1</sup>	2,90 g	L-tryptophan <sup>2</sup>	1,20 g
L-isoleucine <sup>2</sup>	5,20 g	L-tyrosine <sup>1</sup>	5,30 g
L-leucine <sup>2</sup>	8,80 g	L-valine <sup>2</sup>	6,50 g

\* 30 g + 300 ml water or fatreduced Milk (1,5%)

1 semiessential amino acid 2 essential amino acid

# NIGHT & DAY TO

# PROTEIN

High quality casein with amino acids for the preparation of a protein-rich cold drink.

Night & Day Protein is one of the highest quality casein products on the market that contains almost no lactose, fat, or sugar. The high and long-chain protein saturates your body for up to 6 hours and is ideal for a diet or during the night. Combines well with Liposuc or Lipogreen (page 19).

Ingredients: Milk protein powder (97.1%), flavoring, salt, citric acid (lactic acid), sweetener (sucralose), vanilla bean powder (0.07%).

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the ingredients and awarded

quality. All Products are

a quality seal.



beaspartic acid

L-glutamic acid

L-cysteine1

L-glycine

L-histidine<sup>1</sup>

L-leucine<sup>2</sup>

L-isoleucine<sup>2</sup>

11.80 a

1,40 g

19.90 a

4,10 g

2.60 a

4,20 g

7.60 a

\*\* 30 g + 300 ml water 1 semiessential amino acid 2 essential amino acid

\* RDA = percentage of the recommended daily dose (according to directive 2008/100 / EC)

L-phenylalanine2

L-proline

L-serine

L-threonine<sup>2</sup>

L-tyrosine1

L-valine<sup>2</sup>

L-tryptophan2

5.30 a

5,20 g

5.60 a

3,50 g

1.00 a

4,00 g

# MAGIC ZOY"

## IZOLATE

Soy protein isolate with vitamins and sweeteners for the preparation of a protein-rich cold drink. Our Magic Soy isolate is a vegetable protein and thus very well suited for vegetarians and vegans. An ideal meal replacement, a good choice for a diet and surely the best protein supplier for the muscles.

Ingredients: soy protein isolate (100%)

# 100% E66

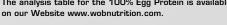
#### PROTEIN

## One hundred percent egg protein

Advantages: High bioavailability, muscle development with low water storage, perfectly suited for lactose intolerance.

Ingredients: egg protein powder (100%).

The analysis table for the 100% Egg Protein is available





FLAVOR5/ PACKAGE SIZE MAGIC SOY ISOLATE

CAPPUCCINO **75**0 g 100% EGG PROTEIN

750g

750g

1000g

NEUTRAL

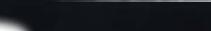
VANILLA

**NEUTRAL** 



#### PACKAGE SIZE

LIPOGREEN 100 CAPSULES
LIPOSUC 120 CAPSULES





Green Tea Fat Burner with L-carnitine and caffeine.

The well-balanced combination in LIPOGREEN stimulates the metabolism of the whole body.

There is a noticeable increase in energy level and, in addition to that, a natural detoxification process. As a result, the body burns significantly more fat reserves.

Ingredients: L-carnitine tartrate (53.6%), green tea extract (21.5%), gelatin (capsule), caffeine (10.7%), Magnesium stearate and silicon dioxide, vegetable oil.



ANALYSIS LIPOGREEN per 100 g per capsule Physiological value Calorific value 456 kJ 4.2 kJ [109 kcal] [1,0 kcal] Protein 0,11 g < 0,1 g Carbohydrates 8,6 g of which sugars 0,08 g 6,3 g < 0,1 g of which saturated fatty acids 0,7 g < 0,01 g Dietary fiber 2,1 g 0,02 g Natrium < 0.1 g < 0.01 gL-carnitine-Tartrat 53648 mg of which L-carnitine Green tea extract 200 mg 21459 mg of which polyphenole 10730 mg 100 mg of which caffeine 16,0 mg 1700 mg Caffeine 100 mg Total content caffeine 12327 mg 116 mg

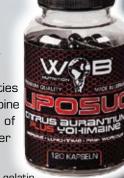
# LIPOSUC\*\*

# S QBT2

Yohimbine strong fat burner for those stubborn areas.

Thermogenically acting properties and vein dilation through Yohimbine leads to an easier elimination of fat cells, especially in the lower abdomen regions.

Ingredients: cellulose filler, caffeine, gelatin (capsule), Citrus aurantium extract, green tea extract powder release agent (magnesium stearate, silicon dioxide), Yohimbine extract, colors (E172, E171).



ANALYSIS Liposuc	per 100 g	per capsule
Physiological value Calorific value	718 kJ [172 kcal]	4,8 kJ [1,1 kcal]
Protein	18,9 g	0,1 g
Carbohydrates	7,8 g	< 0,1 g
Fat	1,4 g	< 0,1 g
Citrus Aurantium Extrakt	16593 mg	112 mg
of which Synephrine	993 mg	6,7 mg
Yohimbine Extrakt	741 mg	5,0 mg
of which Yohimbin	14,8 mg	0,1 mg
Green tea extract	14815 mg	100 mg
of which caffeine	1037 mg	7,0 mg
Caffeine	21185 mg	143 mg
Total content Caffeine	22222 mg	150 mg

# MADE IN GERMANY Our products are laboratory tested for purity, safety and quality. All Products are aspartame

free with a 100% guarantee on the quality of the ingredients and awarded a quality seal.

19



Conjugated linoleic acid to burn fat.

CLA increases thermogenesis and body fat metabolism as well as energy metabolism. Thus, calorie consumption is increased, which boosts a deficit in the energy balance and thereby weight loss.

Ingredients: conjugated linoleic acid (60.5%) cellulose, gelatine (casules), releasing agent silicon dioxide

# MADE

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# GREEN TEA

#### Green Tea Extract.

Dietary product for metabolic stimulation. Invigorating and antioxidant with a fat burning effect.

Ingredients: green tea extract (82.0%), gelatin (capsule), Magnesium stearate and silicon dioxide, vegetable fat



# CARNI JLIM

LIQUID/CAP5

L-carnitine liquid or in capsule form

for fat burning.

L-carnitine can lower blood lipid levels up to 50%. This has a positive effect on the cardiovascular system. L-carnitine is involved in the energy production from fatty acids. Perfect before or during exercise or before a meal.

Ingredients: L-carnitine tartrate (54.3%), rice flour, gelatin (capsule), releasing agent (silicon dioxide, magnesium stearate), vegetable oil.

#### FLAVORS/ PACKAGE SIZE

LEMON

NATURAL CLA ■ 120 CAPSULES GREEN TEA ■ 100 CAPSULES CARNI SLIM 80 CAPSULES CARNI SLIM ■ 200 CAPSULES CARNI SLIM LIQUID

ANALYSIS Natural Cla	per 100 g	per capsule
Physiological value Calorific value	2567 kJ [613 kcal]	21,2 kJ [5,0 kcal]
Protein	12,4 g	0,1 g
Carbohydrates	< 0,1 g	< 0,1 g
Fat	55,6 g	0,4 g
conj. linoleic acid Calcium	60460 mg	500 mg
of which conj.linoleic acid	45345 mg	375 mg

■ 500 ml ■ 1000 ml

ANALYSIS GREEN TEA	per 100 g	per capsule
Physiological value Calorific value	1138 kJ [272 kcal]	8,3 kJ [2,0 kcal]
Protein	18,1 g	0,13 g
Carbohydrates	36,9 g	0,27 g
of which sugars	32,8 mg	0,24 mg
Fat	5,0 g	0,04 g
of which sat. fatty acids	0,5 g	< 0,01 g
Dietary fiber	8,2 g	0,06 g
Natrium	0,045 g	< 0,01 g
Green tea extract	81967 mg	600 mg
of which Polyphenole	40984 mg	300 mg
of which caffeine	6557 mg	48 mg

ANALYSIS Carni Slim – Caps	per 100 g	per capsule
Physiological value Calorific value	889 kJ [212 kcal]	8,1 kJ [1,9 kcal]
Protein	13,3 g	0,1 g
Carbohydrates	24,6 g	0,2 g
of which sugars	< 0,1 g	< 0,1 g
Fat	0,5 g	< 0,1 g
of which sat. fatty acids	0,2 g	< 0,1 g
Dietary fiber	< 0,1 g	< 0,1 g
Natrium	0,057 g	< 0,001 g
L-carnitine-tartrate	54348 mg	500 mg
of which L-carnitine	37391 mg	344 mg

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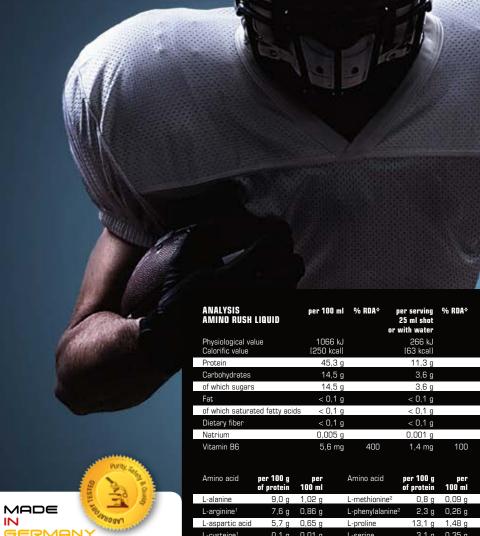
aspartame free with a 100% guarantee on the quality of the ingredients and awarded

quality. All Products are

a quality seal.

#### FLAVORS/ PACKAGE SIZE

CHERRY	I UUU MI
ORANGE	■ 1000 ml
SHOT CHERRY	20x25 ml
SHOT ORANGE	20x25 ml



Amino acid	per 100 g of protein	per 100 ml	Amino acid	per 100 g of protein	per 100 ml	
L-alanine	9,0 g	1,02 g	L-methionine <sup>2</sup>	0,8 g	0,09 g	
L-arginine <sup>1</sup>	7,6 g	0,86 g	L-phenylalanine <sup>2</sup>	2,3 g	0,26 g	
L-aspartic acid	5,7 g	0,65 g	L-proline	13,1 g	1,48 g	
L-cysteine <sup>1</sup>	0,1 g	0,01 g	L-serine	3,1 g	0,35 g	
L-glutamic acid	10,3 g	1,17 g	L-threonine <sup>2</sup>	1,8 g	0,20 g	
L-glycine	22,6 g	2,56 g	L-tryptophan <sup>2</sup>	0,1 g	0,01 g	
L-Histidin <sup>1</sup>	0,6 g	0,07 g	L-tyrosine <sup>1</sup>	0,4 g	0,05 g	
L-leucine <sup>2</sup>	1,3 g	0,15 g	L-valine <sup>2</sup>	2,4 g	0,27 g	
L-isoleucine <sup>2</sup>	2,9 g	0,33 g	L-hydroxylysine	0,9 g	0,10 g	
L-lysine <sup>2</sup>	4,0 g	0,45 g	L-hydroxyproline	11,0 g	1,25 g	

\* RDA = percentage of the recommended daily dose (according to directive 2008/100 / EC)

1 semiessential amino acid 2 essential amino acid

# **UNINO RUZH**

LIQUID

Liquid amino acids for intense muscular effort with vitamin B6 – low carbohydrates.

This product provides your muscles in a very short time with the most important amino acids before, during or after an intense workout. This allows rapid recovery of the muscles.

Ingredients: Water, protein hydrolyzate (45.7%), fructose, citric acid, flavoring, preservative: potassium sorbate, sour cherry fruit powder (0.1%), sweeteners (sodium cyclamate, acesulfame K, saccharin), pyridoxine hydrochloride (vitamin B6), colors (E 122, E 124).

a quality seal.

Our products are laboratory

tested for purity, safety and

aspartame free with a 100%

quality. All Products are

#### FLAVORS/ PACKAGE SIZE

12x60 ml FRUIT PUNCH

**CURRANT** 

500 ml

#### ANALYSIS Whey amino shot per 100 ml per serving Physiological value 683 kJ [160 kcal] 409 kJ [96 kcal] 25,2 g Protein 37,5 g Carbohydrates 0,1 g < 0,1 g of which sugars 0,1 g < 0.1 g< 0,1 g < 0,1 g of which saturated fatty acids < 0.1 g< 0,1 g Dietary fiber < 0,1 g < 0,1 g Natrium 0,010 g < 0,1 g

Amino acid	per ampoule (60 ml)	Amino acid	per ampoule (60 ml)
L-alanine	2,10 g	L-methionine <sup>2</sup>	0,01 g
L-arginine <sup>1</sup>	1,68 g	L-phenylalanine	e <sup>2</sup> 0,44 g
L-aspartic aci	d 1,33 g	L-proline	2,50 g
L-cysteine <sup>1</sup>	0,02 g	L-serine	0,81 g
L-glutamic ac	id 2,57 g	L-threonine <sup>2</sup>	0,47 g
L-glycine	4,54 g	L-tryptophan <sup>2</sup>	0,13 g
L-Histidin <sup>1</sup>	0,21 g	L-tyrosine <sup>1</sup>	0,02 g
L-isoleucine <sup>2</sup>	0,37 g	L-valine <sup>2</sup>	0,56 g
L-leucine <sup>2</sup>	0,74 g	L-hydroxylysine	e 0,18 g
L-lysine <sup>2</sup>	0,88 g	L-hydroxyprolir	ne 2,83 g

guarantee on the quality of the ingredients and awarded

<sup>1</sup> semiessential amino acid <sup>2</sup> essential amino acid

# WHEY AMINO THOT AMPOULES

Whey amino acid preparation even on the go.

Whey Amino Shot supplies your muscles in everyday life or immediately after training with high doses of amino acids in an ampoule. Ensures the regeneration of your muscles.

Each ampoule contains 25.2 g of the most

important amino acids and less than 0.1 g of carbohydrates.

Ingredients: Water, collagen hydrolyzate, acidifier (lactic acid), whey protein hydrolyzate, aroma, preservative (potassium sorbate), sweeteners (sodium cyclamate, acesulfame K, saccharin), emulsifier (E471), color (E 129).



AMINO TZOM WANTED

For muscle development in the body and for relaxation.

Amino acids are the main building blocks of muscle. Stress and poor diet can lead to a lack of amino acids in the body and result in a weak immune system and fatigue. Amino acids stimulate muscle growth and can also improve the structure of skin and hair. Amino Most Wanted, the smart choice for your body!

8,400 MG

PACKAGE SIZE

AMINO MOST WANTED 325 TABLETS

Ingredients: Whey protein concentrate, soy protein isolate, dicalcium phosphate, releasing agent (magnesium stearate, silicon dioxide), whey protein hydrolyzate.

\*\* 30 g + 300 ml water 1 semi-essential amino acid 2 essential amino acids

tested for purity, safety and

aspartame free with a 100%

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Carbohydrates 0,0 g 0,0 g 0,0 g 0,0 g of which sugars 0.0 a 0.0 a 0,0 g 0,0 g of which saturated fatty acids Dietary fiber 0,0 g 0,0 g 0,0 g BCAA POWDER BCAA GOLD Leucine, isoleucine, valine - the three most important

BCAA FUEL BCAA TABS

amino acids. These amino acids are incredible energy boosters and support you in weight training and endurance sports or during a diet. They prevent protein degradation in the muscles and increase the secretion of insulin, which takes care of the transport of glucose into the muscle cell, which is converted into energy there. Thus, the perfect choice for muscle building.

Ingredients: L-leucine (49.9%), L-valine (24.9%), L-isoleucine (24.9%), release agents (silicon dioxide).

\* 5 g + 100 ml water

WAB % BCAA POWDER

WAB

#### **DUCKAGE SIZE**

WAB

100% L-GLUTAMIN **2**50g

100% L-GLUTAMIN **5**00g

100% L-GLUTAMIN **2**50 CAPSULES

#### ANALYSIS 100% L-GLUTAMIN POWDER per 3 g\* per 100 g MADE 51 kJ [12 kcal] Physiological value Calorific value 1700 kJ [400 kcal] 100 a 3 g Our products are laboratory of which L-Glutamin 100 g tested for purity, safety and Carbohydrates < 0,1 g < 0,1 g quality. All Products are of which sugars < 0,1 g < 0,1 g aspartame free with a 100% < 0,1 g < 0,1 g guarantee on the quality of < 0,1 g < 0,1 g of which saturated fatty acids the ingredients and awarded Natrium < 0,001 g < 0,001 g a quality seal.

\* 3 g + 200 ml water

# 100% L-GUTAMIN

# POWDER OR CAPS

L-Glutamine - the most important amino acid in addition to the BCAA's

L-glutamine plays a crucial role in the muscles. It promotes an increase in cell volume, increases efficiency and strengthens the immune system.

L-glutamine can exert a positive influence on the growth hormones. Thus, L-glutamine is the perfect partner for sports and endurance sports.

Ingredients: L-glutamine (100%)



#### [71,1 kcal] [355 kcal] Protein 31,2 g 6,2 g Carbohydrates 51,1 g 10,2 g of which sugars 12,9 g 2,5 g 1,3 g 0,2 g of which saturated fatty acids 0,7 g < 0,1 g < 0.1 gDietary fiber Natrium 0,357 g 0,071 g Vitamin C 95,0 mg 19,0 mg Niacine 16,0 mg 3,2 mg 20 Vitamin E 12,0 mg 100 2,4 mg 20 Pantothenic Acid 6,0 mg 20 100 0,28 mg Vitamin B6 1,4 mg Vitamin B2 1,4 mg 100 0,28 mg 20

1,1 mg

222 µg

50,0 µg

5,2 µg

4000 mg

2000 mg

5000 mg

100

111

100

per 100 g % RDA\* per serving\*\* % RDA\*

302 kJ

0,22 mg

44,4 µg

10,0 µg

1,0 µg

800 mg

400 mg

1000 mg

20

22

20

42

the ingredients and awarded \* RDA = percentage of the recommended daily dose (according to directive 2008/100 / EC) \*\* 20 g + 200 ml water

ANALYSIS Gain with 1

Vitamin B1

Vitamin B12

Glutaminpeptid

Creatine monohydrate

Folic acid

Biotin

Physiological value

# Drinking powder with creatine monohydrate, whey protein hydrolyzate, amino acids and vitamins.

GAIN WITH 1TH

ALL IN ONE

For intense muscular effort, especially for sportsmen.

Finally, an all-in-one product for rapid muscle growth in a minimum of time.

Ingredients: Maltodextrin, whey protein concentrate, dextrose, glutamine (contains gluten), whey protein, creatine monohydrate (4.0%), L-leucine, acid (citric acid), taurine (2.0%), fruit powders, Orange (maltodextrin, orange juice concentrate, acidity regulator citric acid) (2.0%), flavor (contains lactose), L-valine, L-isoleucine, salt, release agent (silicon dioxide), L-ascorbic acid, nicotinamide, DL-alpha tocopheryl acetate, calcium D-pantothenate, dye (beta-carotene), riboflavin, pyridoxine hydrochloride, thiamin mononitrate, pteroylmonoglutamic acid, D-biotin, cyanocobalamin.

a quality seal.

MADE

GERMANY

Our products are laboratory

a quality seal.

Our products are laboratory

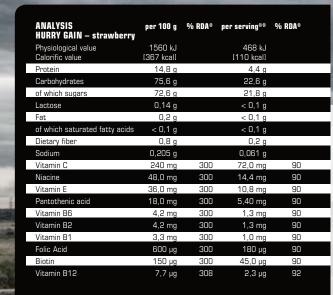
tested for purity, safety and quality. All Products are aspartame free with a 100% guarantee on the quality of the ingredients and awarded

PACKAGE SIZE

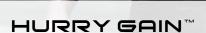
VANILLA **2**500g **5**000g

CHOCOLATE ■ 2500g ■ 5000g

STRAWBERRY 2500g 5000g



Amino acid	per 100 g of protein	Amino acid	per 100 g of protein
L-alanine	4,18 g	L-lysine <sup>2</sup>	6,67 g
L-arginine <sup>1</sup>	7,16 g	L-methionine <sup>2</sup>	1,42 g
L-aspartic aci	d 11,67 g	L-phenylalanine	e <sup>2</sup> 5,04 g
L-cysteine <sup>1</sup>	1,41 g	L-proline	5,42 g
L-glutamic ac	id 19,52 g	L-serine	5,43 g
L-glycine	3,81 g	L-threonine <sup>2</sup>	3,86 g
L-histidin <sup>1</sup>	2,54 g	L-tryptophan <sup>2</sup>	1,71 g
L-isoleucine <sup>2</sup>	4,45 g	L-tyrosine <sup>1</sup>	3,86 g
L-leucine <sup>2</sup>	7,95 g	L-valine <sup>2</sup>	4,52 g



# HARDGAINER

Carbohydrate-protein concentrate with many vitamins and amino acids for weight gain.

A specially developed WeightGainer for the so-called

hard-gainer, who finds it difficult to increase muscle mass. By the high content of carbohydrates in combination with protein, amino acids and vitamins, the mass phase is greatly accelerated. A combination with our creatine products can further enhance this process.

Ingredients: Dextrose (79.4%), soy protein isolate (13.5%), flavor, whey protein concentrate (2.0%), thickener (guar gum), acidity regulator (citric acid), strawberry fruit powder (maltodextrin, strawberries, acidity regulator citric acid) (0.3%), L-ascorbic acid, nicotinamide, DL-alpha tocopheryl acetate, calcium D-pantothenate, riboflavin, pyridoxine hydrochloride, thiamine mononitrate, color (red beet (betanin), pteroylmonoglutamic acid, D-biotin, cyanocobalamin.



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#### FLAVORS/ PACKAGE SIZE

VAINILLA	10009	coccy
CHOCOLATE	1350g	5000g
STRAWBERRY	1350g	5000g
BANANA	1350g	5000g

1350g = 5000g

#### ANALYSIS BIG BOSS – VANILLA Physiological value 1700 kJ 510 kJ [406 kcal] [122 kcal] Calorific value 21.9 a 6.6 a Carbohydrates 72,0 g 21,6 g 31.2 a 9.4 a 3,4 g 1,0 g Lactose Fat 2,1 g 0,6 g of which saturated Fatty acids 0,4 gDietary fiber 0,9 g 0,3 g 0.079 a 0.024 a Sodium Vitamin C 240 ma 300 72.0 ma 90 Niacine 48,0 mg 300 14,4 mg 90 Vitamin E 36.0 ma 10.8 ma 90 Pantothenic Acid 18,0 mg 300 5,40 mg Vitamin B6 4.2 ma 300 1.26 ma 90 Vitamin B2 4,2 mg 300 1,26 mg 90 Vitamin B1 3,3 mg 0,99 mg

600 µg

150 ua

10,6 µg

300

300

424

180 µg

45.0 ua

3,18 µg

90

90

Folic Acid

Vitamin B12

Biotin

per 100 g % RDA\* per serving\*\* % RDA\*

Amino acid per 100 g of protein Amino acid per 100 g of protein L-alanine L-lysine<sup>2</sup> 8.77 a L-arginine1 2,46 g L-methionine<sup>2</sup> 2,07 g L-aspartic acid 10.70 a L-phenylalanine<sup>2</sup> 3.08 a L-cysteine1 2,25 g 5,85 g L-proline L-glutamic acid 16,78 g 5.31 a L-serine L-glycine 1,84 g L-threonine<sup>2</sup> 6,90 g L-Histidin<sup>1</sup> 1.89 a L-tryptophan2 1.71 a L-isoleucine<sup>2</sup> 6,37 g L-tyrosine1 3,07 g L-leucine<sup>2</sup> 10.15 a L-valine<sup>2</sup>

\* RDA = percentage of the recommended daily dose (according to directive 2008/100 / EC) \*\* 30 g + 300 ml water 1 semiessential amino acid 2 essential amino acid

BIG BOSS

GAINER

Carbohydrate-protein concentrate with many vitamins and amino acids to increase weight.

A weight gainer which is ideal for the muscle-mass phase. Due to the complex

carbohydrates that protein is transported faster into the muscles. The Glycogen storage is refilled, resulting in an increase in the muscle cell.

A combination with our creatine products enhances this process further.

Ingredients: Maltodextrin (42.3%), whey protein concentrate (25.0%), fructose (13.8%), isomaltulose (13.8%), flavor, oat flour (1.5%), thickener guar gum, vanilla bean powder (0.07%), vitamin C, niacin, vitamin e, pantothenic acid, vitamin B6, vitamin B2, vitamin B1, folic acid, biotin, vitamin B12.

#### PACKAGE SIZE

TRIANABOL 120 CAPSULES

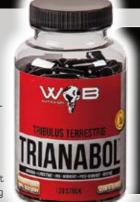
TEST-OVERDOSE | 100 CAPSULES



Testosterone enhancer with (84%) TribulusTerestris.

The high content of Tribulus Terestris increases the testosterone level, strengthens potency, increases muscle building and leads to a general well-being.

Ingredients: Tribulus Terrestris extract (84.2%), gelatin (capsule), separating medium magnesium stearate, colors (E172, E171).



ANALYSIS Trianabol	per 100 g	per capsule
Physiological value Calorific value	1653 kJ [395 kcal]	496 kJ [119 kcal]
Protein	21,4 g	6,4 g
Carbohydrates	71,1 g	21,3 g
of which sugars	30,5 g	9,2 g
of which Lactose	3,5 g	1,1 g
Fat	1,4 g	0,4 g
of which saturated fatty a	cids 0,8 g	0,2 g
Dietary fiber	0,9 g	0,3 g
Natrium	0,077 g	0,023 g

per 100 g per capsule RDA\*

978 kJ

9,1 kJ

# TEST OVERDOSE\*\*

Combination product to increase testosterone and burn fat.

By combining the contained substances, the body's own hormone production is increased It is energy-boosting, promotes muscle building and fat burning, increases potency, stimulates the metabolism and also acts as an antioxidant.

Ingredients: Maca powder (31.9%), Tribulus terrestris (contains 40% saponins) (26%), gelatin (capsule), green tea extract (containing 4% caffeine) (10.8%), grape seed extract (contains 95% proanthocyanidins) (5.4%), cinnamon extract (4.3%), caffeine (2.2%), pepper extract (containing 95% piperine) (2.2%), nicotinamide, calcium D-panothenat, releasing agent silicon dioxide and magnesium stearate, pyridoxine hydrochloride, thiamine mononitrate, vitamin B2 (riboflavin), pteroylmonoglutamic acid, cyanocobalamin, color E 171.



3,58 g 331 mg Carbohydrates of which sugars 11,1 mg of which sat. fatty acids 0,6 g Dietary fiber 4,7 g 43,8 mg Niacine 18 mg 100% Pantothenic Acid Vitamin B6 260 mg 2,0 mg 100% Vitamin B2 Vitamin B1 152 mg 1,4 mg 100% Folic acid 21,7 mg 200 µg 100% Vitamin B12 1 μg 100% 108 µg Saponine 10,4 g 96,0 mg Proanthocyanidine 5,1 g 47,5 mg Caffeine 24,0 mg Piperin 2,0 g 19,0 mg \* RDA = percentage of the recommended daily dose

ANALYSIS TEST-OVERDOSE

Physiological value

Calorific value

\* KDA = percentage of the recommended daily dost (according to Directive 2008/100/EG)



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PACKAGE SIZE



BEISIVIHIAT
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a quality seal

MADE

per 100 g	per 5 g	
1306 kJ [307 kcal]	65,3 kJ [15,4 kcal]	
74,6 g	3,73 g	
< 0,1 g	< 0,01 g	
< 0,1 g	< 0,01 g	
< 0,1 g	< 0,01 g	
< 0,1 g	< 0,01 g	
< 0,1 g	< 0,01 g	
< 0,001 g	< 0,001 g	
89,9 g	4,50 g	
74,6 g	3,73 g	
10,0 g	0,50 g	
7,0 g	0,35 g	
	1306 kJ 1307 kcall 74,6 g < 0.1 g < 0.1 g < 0.1 g < 0.1 g < 0.1 g < 0.1 g < 0.001 g 89,9 g 74,6 g 10,0 g	1306 kJ 65.3 kJ (307 kcal) (15,4 kcal) 74.6 g 3,73 g < 0,1 g < 0,01 g < 0,00 g < 0,001

ANALYSIS Argi+ Caps	per 100 g	per capsule	
Physiological value Calorific value	1581 kJ [378 kcal]	11,9 kJ [2,8 kcal]	
Protein	90,8 g	0,68 g	
of which L-arginine	77,1 g	0,58 g	
Carbohydrates	0,0 g	0,0 g	
of which sugars	0,0 g	0,0 g	
Fat	0,6 g	< 0,01 g	
of which saturated fatty acids	0,6 g	< 0,01 g	
Dietary fiber	3,2 g	0,02 g	
Natrium	< 0,1 g	< 0,01 g	
Caffeine	2660 mg	20,0 mg	

# ARGI+ POWDER

100% L-arginine powder plus L-citrulline
L-arginine is responsible for a number of mechanisms in the body. It expands the blood vessels which results in a better circulation of tissue and muscles. ARGI + is potency-enhancing. It may have a cholesterol-lowering effect, prevents vascular calcification and improves cardiac performance. It contributes significantly to wound healing after injury or surgery and has a detoxifying effect. By adding citrulline, the efficiency of arginine is increased.

Ingredients: L-arginine hydrochloride, L-citrulline-malate, release agents (silicon dioxide).

# ARGI+ CAPS

# Effect like ARGI + POWDER including caffeine.

The added caffeine has a stimulating effect and enhances metabolism. Perfect for fatigue or just before the start of training.

Ingredients: L-arginine, caffeine, cellulose, Magnesium stearate and silicon dioxide, gelatin (capsule).





# XTC

## PRE WORKOUT

Drinking powder with arginine, isomaltulose, amino acids, creatine, taurine, caffeine and vitamins before training.

Specially designed for intensive muscular effort. XTC provides the body before workouts with all the essential nutrients that protect the muscle from premature fatigue and thus extend the exercise-induced muscle stimulus.

Ingredients: isomaltulose (a glucose and fructose source), dextrose, L-arginine hydrochloride, creatine monohydrate, taurine, corn starch (contains SO2), glutamine (contains gluten), L-leucine, acid (citric acid), flavor (contains lactose), elderberry fruit powder (maltodextrin, elderberry concentrate, sucrose, invert sugar syrup, citric acid) (2.0%), L-valine, L-isoleucine, D-ribose, guarana extract, L-lysine hydrochloride, L-methionine, L-threonine, sweeteners (acesulfam K, sucralose), caffeine, L-tryptophan, L-phenylalanine, L-ascorbic acid, D-alpha-tocopheryl acetate, nicotinamide, calcium D-pantothenate, pyridoxine hydrochloride, thiamin mononitrate, riboflavin, dye (Red pray (betanin)), pteroylmonoglutamic acid, D-biotin, cyanocobalamin.

# MADE IN SERMANY

Our products are laboratory tested for purity, safety and quality. All Products are aspartame free with a 100% guarantee on the quality of the ingredients and awarded a quality seal.

ANALYSIS XTC	per 100 g	% RDA*	per serving**	% RDA*
Physiological value Calorific value	1398 kJ [328 kcal]		111 kJ [26,2 kcal]	
Protein	25,4 g		2,0 g	
- of which L-arginine	11,6 g		0,93 g	
- of which L-leucine	4,0 g		0,32 g	
- of which L-valine	2,0 g		0,16 g	
- of which L-isoleucine	2,0 g		0,16 g	
- of which L-Glutaminpeptid	1,2 g		0,1 g	
- of which L-lysine	0,6 g		0,05 g	
- of which L-methionine	0,6 g		0,05 g	
- of which L-threonine	0,6 g		0,05 g	
- of which L-tryptophan	0,3 g		0,02 g	
- of which L-phenylalanine	0,3 g		0,02 g	
Carbohydrates	49,1 g		3,9 g	
- of which sugars	38,9 g		3,1 g	
- of which Isomaltulose	20,7 g		1,7 g	
Fat	0,1 g		< 0,1 g	
- of which saturated fatty acids	< 0,1 g		< 0,1 g	
Dietary fiber	< 0,1 g		< 0,1 g	
Natrium	0,067 g		0,005 g	
Creatin	8,0 g		0,6 g	
Taurine	5,0 g		0,4 g	
Caffeine	475 mg		38,0 mg	
- of which aus Guaranaextrakt	100 mg		8,0 mg	
Vitamin C	240 mg	300	19,2 mg	24
Niacine	48,0 mg	300	3,8 mg	24
Vitamin E	36,0 mg	300	2,8 mg	24
Pantothenic Acid	18,0 mg	300	1,4 mg	24
Vitamin B6	4,2 mg	300	0,33 mg	24
Vitamin B2	4,2 mg	300	0,33 mg	24
Vitamin B1	3,3 mg	300	0,26 mg	24
Folic acid	600 µg	300	48,0 µg	24
Biotin	150 µg	300	12,0 µg	24
Vitamin B12	7,5 µg	300	0,60 µg	24

<sup>\*</sup> RDA = percentage of the recommended daily dose (according to directive 2008/100)

<sup>\*\* 8</sup> g + 200 ml water

FLAVOR5/ PACKAGE SIZE

NEUTRAL 1500g



3,3 mg

600 µg

150 µg

300

300

90

90

0,99 mg

180 µg

45,0 µg

 $2,2 \mu g$ 



# NATURAL

Supplying the muscles with carbohydrates and vitamins before, during or after exercise.

Gaining more power and energy through increased glycogen storage. Combines perfectly with our protein, amino or creatine supplements. Through the maltodextrin contained, Muscle Load transports them directly into the muscle cell. A stronger muscle building and recovery, straight after training, is the result.

Ingredients: Maltodextrin (98.9%), vegetable oil, L-ascorbic acid, nicotinamide, dl-alpha tocopheryl acetate, calcium D-pantothenate, riboflavin, pyridoxine hydrochloride, thiamin mononitrate, pteroylmonoglutamic acid, D-biotin, cyanocobalamin.

guarantee on the quality of the ingredients and awarded \* RDA = percentage of the recommended daily dose (according to directive 2008/100 / EC) a quality seal.

Our products are laboratory

tested for purity, safety and

aspartame free with a 100%

quality. All Products are

\*\* 30 g + 200 ml water

Vitamin B1

Folic acid



KRE-TESTHYL | 120 CAPSULES

KRE-TESTHYL 240 CAPSULES



KRE-TESTHYL

CAPZ

Patented Creatine supplement with B vitamins for explosive strength and muscle building.

This specially developed creatine in combination with B vitamins is more readily absorbed by the cells and increases the training performance. More explosive and maximum strength and increased endurance are the result. Better recovery after intense workouts and an increase in training volume.

Ingredients: Creatine ethyl ester malate, gelatin (capsule), releasing agent (magnesium stearate, silicon dioxide), colors (E 172, E 171, E 122), nicotinamide, pyridoxine hydrochloride.

FLAVOR5/ PACKAGE SIZE CREA CHEWING

BLOOD ORANGE 200 CHEWABLE TABLETS

a quality seal.





Creatine chewable tablets with dextrose.

An innovation on the market.

Portable, easy to use and very effective. By the chewing process, creatine is absorbed directly into the bloodstream and made available to the body. Thus, an increased water storage in the muscle cell is achieved, which leads to rapid rege-

Ingredients: Creatine monohydrate, sorbitol\*, dextrose, dicalcium phosphate, separating agent magnesium salts of fatty acids, citric acid. flavor.

neration and an increased protein synthesis.



ANALYSIS CREA CHEWING	per 100 g	per 4 tabs 10 g
Physiological value Calorific value	733 kJ [173 kcal]	73,3 kJ [17,3 kcal]
Protein	< 0,1 g	< 0,1 g
Carbohydrates	42,4 g	4,2 g
of which sugars	19,5 g	1,9 g
Fat	2,8 g	0,3 g
of which saturated fatty	acids 2,8 g	0,3 g
Dietary fiber	< 0,1 g	< 0,1 g
Natrium	< 0,001 g	< 0,001 g
Creatin-Monohydrat	40000 mg	4000 mg
of which Creatin	35160 mg	3517 mg

# CELL GROW

### POWDER

Drinking powder with carbohydrates, vitamins, Minerals, creatine, protein and amino acids for preparing a cold drink.

Ingredients: Dextrose, creatine monohydrate, L-glutamine, fructose, taurine, sour cherry juice powder (2.0%)\*, whey protein concentrate, citric (citric acid), flavoring, coloring elderberry fruit powder (maltodextrin, elderberry concentrate, sucrose, invert sugar syrup, citric acid), tri-potassium citrate, salt, magnesium carbonate, release agents (silicon dioxide), L-isoleucine, L-ascorbic acid, L-valine, L-leucine, nicotinamide, dl-alpha tocopheryl acetate, calcium D-pantothenate, riboflavin, pyridoxine hydrochloride, thiamine mononitrate, color (red beet (betanin), pteroylmonoglutamic acid, D-biotin, cyanocobalamin.

per 100 g % RDA\* per serving\*\* % RDA\*

97.6 kJ

0.9 a

0,04 g

0.02 a

0.02 g

4,4 g

4,2 g

< 0.1 a

< 0,1 g

0,021 g

1,6 g

1,4 g

0.8 g

0,24 g

3,8 mg

2,8 mg

1,4 mg

0,33 mg

0,33 mg

0,26 mg

48,0 µg

12,0 µg

0,61 µg

24

24

24

24

24

24

24

25

[22,9 kcal]

1220 kJ

11.7 a

0,5 g

0.25 a

0,25 g

55,9 g

52,6 g

< 0.1 a

< 0,1 g

0.0 a 0,274 g

20,0 g

17,6 g

10,0 g

3,0 g

340 mg

48,0 mg

36,0 mg

18,0 mg

4,2 mg

4,2 mg

3,3 mg

600 µg

300

300

300

300

300

307

[286 kcal]

A product especially developed for muscle growth. The combination included induces a rapid cell growth in the muscles and supports the regeneration process.

\* contains gluten, soy lecithin, milk powder, almond milk, sesame seeds.

7,6 µg \* RDA = percentage of the recommended daily dose (according to directive 2008/100 / EC) \*\* 8 g + 200 ml water

ANALYSIS CELL GROW Powder

Physiological value

of which Isoleucin

of which Leucin

of which Valin

of which sugars

Creatin-Monohydrat

of which Creatin

Pantothenic Acid

of which saturated fatty acids

Carbohydrates

Natrium

L-Glutamin

Taurine Vitamin C

Niacine Vitamin E

Vitamin B6

Vitamin B2

Vitamin B1

Folic acid

Vitamin B12

Biotin

Protein

#### PACKAGE SIZE

100% GERMAN CREATIN 500g

90% GERN

CREATIN

GERMAN CREATIN 200 CAPSULES

GERMAN CREATIN ■ 625 CAPSULES



# MADE

Our products are laboratory tested for purity, safety and quality. All Products are aspartame free with a 100% guarantee on the quality of the ingredients and awarded a quality seal.

ANALYSIS 100% GERMAN CREATIN POWDER	per 100 g	per 3 g*
Physiological value Calorific value	< 0,1 kJ [< 0,1 kcal]	< 0,1 kJ [< 0,1 kcal]
Protein	< 0,1 g	< 0,1 g
Carbohydrates	< 0,1 g	< 0,1 g
of which sugars	< 0,1 g	< 0,1 g
Fat	< 0,1 g	< 0,1 g
of which saturated fatty acids	< 0,1 g	< 0,1 g
Natrium	< 0,001 g	< 0,001 g
5 0 0 C 1 1 0C 1 CO		

German Creatine is one of the most effective and most potent creatine on the world market. Creatine promotes the absorption of water into the muscle cells, which increases lean body mass. This effect is very popular among athletes. An increased amount of creatine intake is very useful e.g. for sports that require explosive strength and long endurance, as creatine increases the short-term performance, the maximum strength of the muscles and the endurance. There is a stronger muscle fiber growth, resulting in a significant increase in muscle strength. As natural creatine is only contained in meat, these products are ideal for a vegetarian or vegan diet. Works well in combination with our weight gainers and carbohydrate products.

Ingredients: creatine-monohydrate (100%)



CHERRY

■ WILD BERRY

EXOTIC

LEMON

BLACKBERRY

■ WOODRUFF

SUPER CASSIS + L-CARNITINE



Calorific value	[365 kcal]		[43,8 kcal]		
Protein	< 0,1 g		< 0,1 g		
Carbohydrates	87,1 g		10,4 g		
of which sugars	61,5 g		7,3 g		
Fat	< 0,1 g		< 0,1 g		
of which saturated fatty acids	< 0,1 g		< 0,1 g		
Dietary fiber	< 0,1 g		< 0,1 g		
Natrium	0,321 g		0,038 g		
Vitamin C	240 mg	300	28,8 mg	36	
Niacine	48,0 mg	300	5,7 mg	36	
Vitamin E	36,0 mg	300	4,3 mg	36	
Pantothenic Acid	18,0 mg	300	2,1 mg	36	
Vitamin B6	4,2 mg	300	0,50 mg	36	
Vitamin B2	4,2 mg	300	0,50 mg	36	
Vitamin B1	3,3 mg	300	0,39 mg	36	
Folic acid	600 µg	300	72,0 μg	36	
Biotin	150,0 µg	300	18,0 µg	36	
Vitamin B12	7,5 µg	300	0,90 µg	36	
Calcium	322 mg	40	38,7 mg	5	
Phosphor	558 mg	80	66,9 mg	10	
Magnesium	475 mg	127	57,0 mg	15	
Potassium	511 mg	26	61,3 mg	3	

\* RDA = percentage of the recommended daily dose (according to directive 2008/100 / EC) \*\* 12 g + 200 ml water



POWER

High-quality carbohydrate mixture as drinking powder with vitamins and minerals - before,

during and after intense exercise.

Carbo Mineral Power in 9 delicious flavors provides the athlete with fast energy and also with all the essential minerals and vitamins that are needed for enhanced performance. Combines well with our 100% Creatin Powder.

Ingredients: Fructose (50.0%), maltodextrin (26.5%), dextrose (10.0%), acidulants (citric acid), magnesium carbonate, potassium phosphate, flavoring, tri-sodium citrate, tri-calcium phosphate, release agents (silicon dioxide), orange powder (maltodextrin, orange juice concentrate, citric acid) (0.3%), L-ascorbic acid, nicotinamide, dyes (cochineal, quinoline yellow (can affect activity and attention in children), DL-alpha tocopheryl acetate, calcium D pantothenate, riboflavin, pyridoxine hydrochloride, thiamine mononitrate, Pteroylmonoglutamic acid, D-biotin, cyanocobalamin.

MADE

a quality seal.

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CARBO MINERA



drink, available in 16 great flavors.

ZPreparation: mix 9 ml concentrate with 250 g low-fat curd cheese as a meal replacement or with 720 ml of water as a healthy drink.

Ingredients: Water, acidifier (citric acid), flavoring, sweeteners (sodium cyclamate, acesulfame K, saccharin), salt, fructose, magnesium oxide, L-carnitine (0.3%), colors (E124), thickener (xanthan gum), preservative (potassium sorbate ), strawberry fruit powder (0.1%), niacin, emulsifier (e 471), vitamin B6, vitamin B1, vitamin B12...

ANALYSIS Mineral-Cocktail	per 100 ml	per serving 9 ml concentrate + 720 ml water	
Physiological value Calorific value	217 kJ [50 kcal]	19,5 kJ [4,5 kcal]	
Protein	< 0,1 g	< 0,1 g	
Carbohydrates	1,1 g	0,1 g	
of which sugars	1,1 g	0,1 g	
Fat	< 0,1 g	< 0,1 g	
of which saturated fatty acids	0,8 g	0,2 g	
Dietary fiber	0,1 g	< 0,1 g	
Natrium	0,614 g	0,055 g	
Vitamine	pro 100ml (RDA*)	per serving (RDA*)	
Niacine	96,1 mg (600%)	8,6 mg (54%)	
Vitamin B6	8,4 mg (600%)	0,7 mg (50%)	
Vitamin B1	6,6 mg (600%)	0,6 mg (54%)	
Vitamin B12	15,0 µg (600%)	1,35 µg (54%)	
Magnesium	316 mg (84%)	28,5 mg (7,5%)	
L-carnitine	327 mg	29,4 mg	

\* RDA = percentage of the recommended daily dose.

# MADE **GERMANY**



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55

#### ANALYSIS PAINLESS per 100 g per capsule 5.4 kJ Physiological value 604 kJ Calorific value [144 kcal] [1,3 kcal] MADE Protein 0,12 g 18,9 g 1,4 g < 0.1 gCarbohydrates Fat 1,1 g < 0,1 g 4444 mg 40,0 mg Vitamin C Our products are laboratory 5555 % 50 % (% RDA\*) tested for purity, safety and Glucosamine potassium 44444 mg 400,0 mg quality. All Products are 26667 mg 240,0 mg aspartame free with a 100% 300,0 mg Chondroitinsulfat Natrium 33333 mg guarantee on the quality of 26667 mg 240,0 mg the ingredients and awarded 0,35 g of which citrulline 7,0 g a quality seal. \* RDA = percentage of the recommended daily dose (according to directive 2008/100/EG)

# DAINLEZZ CADZ

By combining the substances contained, the regeneration of cartilage, tendons and joints is supported.

This specially developed product improves the structure of the so-called synovial fluid and prevents the age-related wear in everyday life. By adding Vitamin C, the formation of collagen is also supported.

Ingredients: Glucosamine sulfate potassium, sodium chondroitin sulfate, gelatin (capsule), L-ascorbic acid, cellulose filler, separating agent (magnesium stearate, silicon dioxide), colors (E172, E171).

**GERMANY** 

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the ingredients and awarded a quality seal.



ANALYSIS ACID KILLER POWDER

Physiological value

Calorific value

Carbohydrates

Beta alanine

Fat

per 100 g

1077 kJ

< 0.1 g

< 0,1 g

99,7 g

[248 kcal]



Antioxidants against

free radicals. Due to increasing pollution and the almost inevitable absorption of free radicals in the human organism, body cells can be attacked and lose their function. As a result, diseases may occur. Antioxidants may protect the cells against free radicals and also detoxify the body.

Ingredients: N-acetyl-L-cysteine, gelatin (capsule), R-alpha-lipoic acid, filler cellulose, L-ascorbic acid, D-alpha-tocopheryl acetate, separating agent (magnesium steara-

ANALYSIS Anti Poison	per 100 g	% RDA*	per capsule	% RDA*
Physiological value Calorific value	1227 kJ [289 kcal]		9,4 kJ [2,2 kcal]	
Protein	51,1 g		0,3 g	
Carbohydrates	< 0,1 g		< 0,1 g	
Fat	1,2 g		< 0,1 g	
Vitamin C	5181 mg	6476	40,0 mg	50
Vitamin E	777 mg	6475	6,0 mg	50
N-Acetyl-L-cysteine	51.813 mg		0,7 mg	
R-alpha lipoic acid	12.953 mg		100 µg	

\* RDA = percentage of the recommended daily dose (according to directive 2008/100/EG)

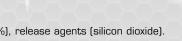
te, silicon dioxide), colors (E 172, E 171).

# ACID KILLER

# POWDER OR CAPS

Beta alanine against acidification of the muscles Beta alanine has a positive influence on the pH in the muscles and can protect against early hyperacidity. Immediately after taking the product, a pleasant tingling sensation throughout the body can be felt - a sign of the fast and high efficiency. The positive effects are: increased performance, more muscle strength and muscle mass, an increase in aerobic and anaerobic endurance for longer and harder workouts.

Ingredients: beta-alanine (99.7%), release agents (silicon dioxide).



#### PACKAGE SIZE

ANALYSIS Q10 SHIELD

Calorific value

Carbohydrates

of which sugars

Dietary fiber

Natrium Coenzym Q10

of which saturated fatty acids 0,6 g

Protein

Physiological value

Q10 SHIELD • 100 CAPSULES

ZINK 90 CAPSULES

ZINK 180 CAPSULES

per 100 g per capsule

331 kJ

16,8 g

< 0,1 g

69,9 g

4902 mg 30,0 mg

[79,1 kcal]

2,0 kJ

< 0,1 g

< 0,1 g

< 0,01

0,4 g

[0,5 kcal]

# 010 THIELD

# CAPZ

Capsule with coenzyme Q10
Helps to fight oxidative stress
as free radicals are absorbed.
With increasing age, the coenzyme balance in our organs may
deteriorate and can be improved
with Q10 Shield. Health-promoting and
skin-firming effect.

Ingredients: Cellulose, gelatin (capsule), coenzyme Q10 (49.0%), Magnesium stearate and silicon dioxide, vegetable fat.

# ZINC CAPS

Zinc plays an important role in many body functions.

A trace element for hair, skin and hormone regulation. Zinc strengthens the immune system, protects cells from oxidative stress and supports the process of cell division.

Ingredients: cellulose filler, zinc gluconate, gelatin (capsule), releasing agent (magnesium stearate, silicon dioxide), dye E171.



ANALYSIS ZINK CAPSULES	per 100 g	per capsule
Physiological value Calorific value	985 kJ [235 kcal]	6,6 kJ [1,5 kcal]
Protein	15,2 g	0,1 g
Carbohydrates	< 0,1 g	< 0,1 g
Fat	1,2 g	< 0,1 g
Zinc	4451 mg	30,0 mg
(RDA*)	44510 %	300 %

\* RDA = percentage of the recommended daily dose (according to directive 2008/100/EG)

# MADE IN GERMANY

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# VITAMIN DB

Too little sunlight can reduce the vitamin D level. Due to our increased precautions against aggressive sunlight, the body produces less vitamin D. This, however, is vital to the human body. It can increase mental performance, bone density and testosterone levels in men. In addition, vitamin D reduces insulin resistance, hypertension, cardiovascular diseases and diabetes

Ingredients: Bulking Maltodextrin, Cellulose (capsule), releasing agent (magnesium stearate), cholecalciferol.

# MADE

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# VITAMIN C

Improvement of the immune system. Vitamin C promotes the formation of important antibodies. In addition, it acts as an antioxidant and thus is used to eliminate free

radicals. It supports the reduction of stress hormones, which in turn promotes muscle growth.

Ingredients: Maltodextrin, Vitamin C (L-ascorbic acid), gelatin (capsule), releasing agent silicon dioxide and magnesium stearate.

# OMEGA 3

High quality Omega 3 fatty acid capsules with Vitamin

The omega 3 fatty acids may be responsible for many processes: production of hormones, support of protein synthesis in the body,

metabolism, grease supply for the joints, cell metabolism, formation of the body's own immune cells, protection against infection. They ensure a healthy cellular respiration and healthy skin and hair. Omega-3 fatty acids together with other vitamins are recommended for dry or brittle skin and hair because they provide the body with moisture.

Ingredients: fish oil with omega 3 fatty acids (18% EPA and 12% DHA); demineralized water. Softgel capsule shell: gelatin (bovine), Glycerin, Vitamin E (DL-alpha tocopherol acetate).

# ANALYSIS VITAMIN D3 CAPS

per 100 g per capsule

100 CAPSULES

100 CAPSULES

200 CAPSULES

Physiological value Calorific value 1499 kJ 7,1 kJ [355 kcal] Protein < N 1 n < 0.1 a Carbohydrates 74.3 a 0.3 a < 0.1 a Vitamin D 2105 µg 10 µg of which RDA\*

\* RDA = percentage of the recommended daily dose (according to directive 2008/100/EG)

# ANALYSIS VITAMIN C CAPS

of which RDA\*

Vitamin E

per 100 g per capsule

Physiological value 1470 kJ 9.4 kJ Calorific value [2,2 kcal] [351 kcal] Protein 15.7 a Carbohydrates 42,9 g < 0,1 g < 0,1 g 180 mg Vitamin D 34221 mg

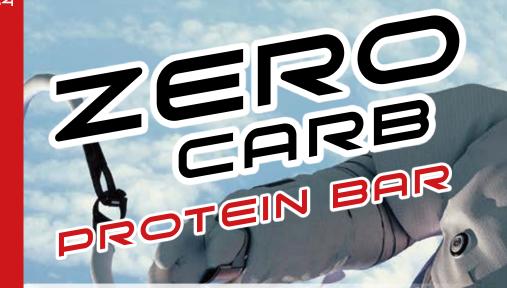
\* RDA = percentage of the recommended daily dose (according to directive 2008/100/EG)

### ANALYSIS OMEGA 3 CAPS per 100 g per capsule

Physiological value 799 kJ 11.6 kJ Calorific value [191,2 kcal] [2,8 kcal] Protein 16.9 a 245 mg Carbohydrates 26,5 g 384 mg Fat. 69,0 g 1000 mg Fish oil of which Omega 3 20.7 a 300 mg of which DHA 180 mg of which EPA 120 mg

\* RDA = percentage of the recommended daily dose (according to directive 2008/100/EG)





 ANALYSIS ZERO CARB PROTEIN BAR
 per 100 g | 150 g|

 Physiological value Calorific value
 1541 kJ | 771 kJ | 184 kcal|

 Protein
 54,1 g | 27,1 g | 27,1 g

 Carbohydrates
 < 0,3 g | < 0,2 g | 8,4 g |</td>

 Fat
 16,8 g | 8,4 g |

The protein bar with unique nutritional values. WOB Nutrition is the first company worldwide to put a protein bar with less than **0.2** g of carbohydrates on the market. Perfectly suited for weight reduction or as a meal replacement. Comes with MCT oil which is also enhancing the fat-burning process, ideal for a low carb or ketogenic diet. Available in three delicious flavors.

Ingredients: alpha-protein complex (calcium caseinate, whey protein isolate), Water, MCT oil, gelatin hydrolyzate, flavor, sodium cyclamate and saccharin sweeteners, emulsifiers: soy lecithin, sunflower lecithin.

WORLD NOVELTY

ZERO CAR



Carbobydrates

#### MADE IN GERMANY

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# TRAINING GLOVES



High quality leather gloves with reinforced seams and integrated wrist support. Additional cushioning for the palms when lifting heavy weights. The breathable material avoids excessive sweating and guarantees high durability.

# GRIP PADS



Solidly manufactured high quality hand grip pads. Protect the palm of your hand during intensive training. The sewn rubber surfaces give the hands an extra grip and prevent sudden slippage.

# ALL-IN-ONE

Specially designed all-in-one product for weight lifting. Through integrated power straps, wrist guards and grip pads, this product supports the athletes during intense workouts and weight lifting.

#### **LIFTING STRAPS**



**WRIST PROTECTION** 

## WRIST PROTECTION

Short wrist wraps for light to medium loads during exercise. Also suitable for everyday use against pain.



The long wrist support has been designed specifically for weightlifters and protect joints and tendons when lifting heavy weights.

LANG

## KNEE BANDAGES



Knee protection and stabilization during training or in everyday life. A special wrapping technique of the bandages offers optimal protection against injury in the joints, cartilage and ligament area.

# LEATHER BELT

The high quality of the thick bend leather belt supports an upright and healthy posture during training and reduces the risk of injury.





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